# Development Opportunities for the Westbury Community Bulletin 7- November 2023

# Produced by the Leigh Park Community Centre (LPCC), with Sustainable Communities.

Welcome to the November 2023 issue of the LPCC Community Activities Bulletin. As you can see from the recent Bulletins quite a few ideas are being bounced around with a view to creating a wider variety of fun and useful activities and opportunities, that might include all residents. However, this is your community therefore your input is needed and welcomed, so that needs, desires, and aspirations might be met, where possible. LPCC might be able to help you set up a group or activity, show you where the opportunities you seek are, and advise, or signpost advice.

# **Wood Turning**



For example, you might be interested in a not too talked about but immensely satisfying activity, that goes by the name of 'Wood Turning'.

So where can you access such a thing? Well one might be guided by a local Men's Shed or you could try A.d.c Woodturning or Packer

Woodturning, Woodturners, in Westbury. It may be possible also to have a professional Wood Turner appear at the LPCC, to show how it is done.



### **Sewing**



Believe it or not sewing is not a dead art either. If interest is shown it may be possible to purchase a number of machines and set up a sewing





circle, as it used to be known, that could include instruction in the various aspects and techniques.

One might ask the services of Andrea Ashwell, Reeves Tailoring or Trym Tailoring in Westbury. To help develop the fullest programme.

### Support for older folks.



Someone suggested that organisations such as Age Concern/Age UK, or other relevant support and advice

organisations, might set up shop locally, perhaps on a monthly basis, to support and advise those

who need some direction or help. What do you think the overall need is and who might you suggest asking to bring some advice and support?



### **Archery**



Someone asked where one can practise Archery in Westbury, so our hounds went in search and turned up the following opportunities, but first a bit of history.

History of Archery

The origins of archery in the UK - Uncovering the roots of British archers. The bow and arrow have woven their way

through British history for thousands of years. Evidence of the earliest example of a hunting

bow was recently uncovered in Somerset, dating back to 2690 BC, and excavated flint arrowheads have been dated to as far back as 20,000 years. Discover the rich history of our sport and its fascinating beginnings.



The origins of archery in the UK

Uncovering the roots of British archers

The bow and arrow have woven their way through British history for thousands of years. Evidence of the earliest example of a hunting bow was recently uncovered in Somerset, dating back to 2690 BC, and excavated flint arrowheads have been dated to as far back as 20,000 years.



The progression of the bow and arrow from an instrument of hunting to a weapon of war occurred following the Battle of Hastings in 1066. An estimated 1000 or more Norman archers successfully breached the Saxon shield-wall with their looping arrows, contributing greatly to the English defeat on that day, and sparking the development of the longbow as a weapon.

Ref: <a href="https://archerygb.org/about/history-of-archery#:~:text=in%20the%20UK-yuncovering%20the%20roots%20of%20British%20archers,far%20back%20as%2020%2C00">https://archerygb.org/about/history-of-archery#:~:text=in%20the%20UK-yuncovering%20the%20roots%20of%20British%20archers,far%20back%20as%2020%2C00">https://archerygb.org/about/history-of-archery#:~:text=in%20the%20UK-yuncovering%20the%20roots%20of%20British%20archers,far%20back%20as%2020%2C00">https://archerygb.org/about/history-of-archery#:~:text=in%20the%20UK-yuncovering%20the%20roots%20of%20British%20archers,far%20back%20as%2020%2C00">https://archerygb.org/about/history-of-archery#:~:text=in%20the%20as%2020%2C00">https://archerygb.org/about/history-of-archerygb.org/about/his

We could not find a Club in Westbury so perhaps it is time to start one. There appear to be several clubs within striking distance though. One might approach qualified Archery GB Instructor Neil, at Wild Inspired or Nick Mullikin owner/Instructor at Centre Point Archery Westbury.



# Apprenticeships, Trainees, and Internships.

From Bricklaying to police forensics, a wide variety of Degree apprenticeships are to be accessed. Apprenticeships are available for all ages.

So, what is the difference.

### What is an apprenticeship?

An apprenticeship is an opportunity to work and study at the same time. Most of your time is spent doing on-the-job training, and the rest is spent working towards a qualification. You'll get paid a salary and be part of a team, just like a standard employee, but you'll also get dedicated study time throughout the week.

The qualification you can achieve could vary from the equivalent to GCSEs, to a master's degree depending on the level of apprenticeship you take. There are different types or levels of apprenticeships depending on where you are in the UK. Each level apprenticeship will have different entry requirements.

### **Traineeships**

Traineeships are part of the same family as apprenticeships and are for young people who want to work but need extra help before starting an apprenticeship or job. Traineeships will include a substantial work placement and other opportunities to develop the skills and workplace experience that employers require.



Traineeships can last up to a maximum of six months with

the Trainee usually spending time at a training centre or college before starting a work experience placement with an employer. The content of a Traineeship is tailored to the individual needs of the young person. The ultimate goal of the training provider or college running the Traineeship is to move the trainee into an apprenticeship on the completion of their programme.



*Internship.* Unlike work placements which form part of a degree, most internships help you to gain important industry experience outside of your studies, by placing you within a specific company or workplace.

In many ways these internships work exactly like a real job and you can expect to be paid for your time. You'll join a specific team or department, and you'll be expected to be as

enthusiastic, flexible, and hardworking as every other

employee.

This will give you valuable real-world experience of your chosen profession. It will also help you to make important new contacts within the company and wider industry, and it will give you a distinct advantage when interviewing with other employers and recruiters in the future.





### Cookery.

Interest has been shown ref 'Culinary Skills Workshops,' so what form might this take. Possibly the easiest way to do this is to invite a different Chef in from local eateries such as Indian, Chinese, and Greek etc., to run a workshop once a month. This might spin off into a regular 'Cook and Eat Club' after the workshops are finished.



















# Now for your ideas!

# 'General Expression of Interest Form'

Name:	Age	
I am interested in:		
Ideas. (Activities, projects, support bulletin etc).		
Skills and experience I would like to offer.		
Signature:	Email:	
*** A typed signature will suffice as this is not an	official registration form.	
Email to Debbie, Manager:	office@lpccwestbury.org.uk	

<u>Sponsorship</u>

Become a sponsor by taking out a Business card Ad. Cost £5 per month or buy 10 months at £50 and get 2 months FREE







