

‘Development & Opportunities’ for the Westbury Community.

Bulletin 5 – September 2023.

**Produced by Leigh Park Community Centre,
with Sustainable Communities.**

Welcome to the September ‘Development and Opportunities’ bulletin.

Indoor and outdoor sports development at Leigh Park Community Centre

The Leigh Park Community Centre (LPCC), as you may be aware already plays quite a big part in the development of opportunities and support within the Westbury community as a whole, comprising some 20,000 residents, give or take.

Whilst recently reviewing The Wiltshire Intelligence Survey certain things came to light where the Centre feels it can be instrumental in helping to bring about positive changes.

As you may be aware the LPCC has already engaged in an ongoing project to assist young people with apprenticeships choices and support, but there is much more to do for all age groups.

This is a summary of the Intelligence findings.

- Anti-Social Behaviour stands at 35.5%
- 32% of 10–11-year-olds in Westbury Community Area are obese or overweight - equates to almost 1 in 3 children.
- 7% of those aged 17+ are diagnosed with diabetes in Westbury Community Area 13% of 0–19-year-olds in Westbury Community.
- 71% of schools in Westbury Community Area are not engaged with the Healthy Schools programme.
- 13% of 0–19-year-olds in Westbury Community Area are thought to be living in poverty.
- Between 2016 - 2018, almost 3,000 road traffic collisions causing injury were recorded on Wiltshire roads, in the Westbury Community Area.
- 6% of the working age population in Westbury Community Area are on out of work benefits.

https://www.wiltshireintelligence.org.uk/wp-content/uploads/2020/10/westbury-2020_43431036-3.pdf

LPCC feels that these deficits are by and large unacceptable and eminently fixable with money, support, initiative, and energy applied.

LPCC's thoughts on the matter are to put in place a number of activities that can be useful vehicles for alleviating some of the above, the ongoing apprenticeship support programme being a prime example. To this end it has looked at spaces available in the Community Centre and outside to see what sports can be put in place to suit.

The list so far looks like this.

Indoor

Cross court short Badminton (3 courts)

5 a side Football 1 x full court

Handball 1 x full court

Netball 1 x full size court

Volleyball 3 x short court and 1 x full court

Table Tennis (4 tables)

Fencing (3 pistes)

Martial arts,

Sports dance

Fitness training, such as 'circuit training'



Outdoor

5 a side Football 1 x full court

Handball 1 x full court

Volleyball 1 x full court

This project will be overseen by LPCC's Community Development Worker/Consultant, whose past employment has been with the RAF as a Physical Training Instructor, the Michael Sobell Sports Centre, Wales as a Coaching Organiser, Youth Work with Dorset, Hampshire and Wiltshire Youth Services and the YMCA (USA), Bournemouth School for Boys PE Instructor and the Good Shepherd School Sports Director (USA). Also gained 8 national Coaching Awards and has run many such programmes.



In addition, we will work with local sports providers for needed Coaches and offer qualifying training and course opportunities to volunteers, who wish to take advantage thus building a pool of local Workers.

The project's costs for kit, marking of areas and delivery by volunteers and support agencies will be provided via grants and in -

house funding. LPCC is working on a Sport England bid as we speak for £15k to get the ball (ugh) rolling, so to speak.

This project will hopefully be advised/supported, by tying in with Volleyball England, England Netball, England Table Tennis Badminton England NGBs, and others.



***** Now here comes the important part.** Your participation in this project’s design and implementation is needed. It is intended to hold a forum regarding ideas for this project, which will be announced in due course.

The entire community, including schools, etc., will likely see approximately 1,000 residents engaging in this activity. If the Bid(s) for grants are successful it is hoped the start date for this project will be February 2023.

Moving forward

Leigh Park Community Centre (LPCC) takes its obligations and commitments to the entire Westbury community very seriously; however, it is somewhat of a herculean task as can be imagined.



One of the paramount things such development needs is money. To this end LPCC invites all Westbury businesses to participate in the development of activities and opportunities for all residents. A business might make a donation to the programme overall or elect to sponsor a specific project or activity if wishes to. One of the simplest ways which provides a win - win situation is to take out a business card ad in Bulletins. Bulletins show business card ads on the last pages

of bulletins, so forms a Directory, of sorts.

Other ways of contributing might be running Apprenticeships and careers workshops or donating kit.

If you feel you would like to support the Westbury Development Programme, please fill out the Expression of Interest form below.

Special thanks to **Dean from Perry Landscaping Services** for its £2k donation that has helped to build a learning play area for young ones, at the Centre.

Apprenticeships and Recruiting Open Event

One good idea that has sprung out of this Bulletin via its readers, is to hold an ‘Apprenticeships and Recruiting Open Event’, not forgetting that all age groups can apply for apprenticeships and that businesses require staff in all the age groups, from 16 years old upwards. Businesses will be offered a pitch to



set up a stall, to show what they do and offer. This will present an aspiring Apprentice or person simply looking for a job to face to face with business owners in Westbury and ply them with questions, helping you and them to make informed choices.

A date for this event will depend on interests shown by Westbury businesses and residents.

Free- Introduction to Youth Work.

Would you like to work with young people and possibly train to become a Youth Worker, well now is your chance. Interested, fill out the Expression of Interest form below.



In collaboration with Acumulo and our good friend and highly professional colleague Ally Lee Dudley, the following is being offered, all you have to do is to fill out the Expression of Interest form below and book your place. Once interest is shown dates will be arranged.



Course segments.

What is youth work?

Aim: Develop a basic knowledge of youth work as a way of working with young people.

Learning Outcomes – the session will focus on increasing participant’s ability to:

- o Identify the purpose and value of youth work.
- o Describe the role of the youth worker including their range of skills, knowledge, and attributes.
- o Differentiate youth work from other ways of working with young people.



Doing youth work

Aim: Develop basic knowledge of how youth workers carry out their role with groups of young people



Learning Outcomes – the session will focus on increasing participant’s ability to:

- o Identify the role of the youth worker in supporting and facilitating activities for young people.
- o Deliver youth work to achieve pre-planned outcomes.
- o Work within the boundaries of the youth work role.

Young people’s development

Aim: Develop basic knowledge of development from childhood to adolescence

Learning Outcomes – the session will focus on increasing participant’s ability to:

- o Recognise the different stages, experiences, changes, and challenges young people face.



- o Understand how young people’s life experience can be impacted by their physical and psychological development.
- o Identify the importance of considering the needs of individuals when working with groups.

Lottery - Did you Know!

You can buy a local lottery ticket from the Leigh Park Lottery, with 50% of each ticket sold going into the community funds. <https://www.onelottery.co.uk/support/leigh-park-community-centre-westbury>

‘General Expression of Interest Form’

Name: _____ Age _____

I am interested in: _____

Signature: _____ Email: _____

*** A typed signature will suffice as this is not an official registration form.

Email to Debbie, Centre Manager: office@lpccwestbury.org.uk

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