

'Development opportunities for the Westbury Community' Bulletin 1 - May 2023.

OVERVIEW

Welcome to the first edition of 'Development Opportunities for the Westbury Community', the purpose being to inform all residents in the Westbury area of development and opportunities for individuals and groups, including, education, employment, training, volunteering, courses and more. Residents will be kept informed of all opportunities and how to access them, on a monthly basis. The Bulletin can be accessed online, via the Leigh Park Community Centre website, with some hard copies placed at strategic points around the Westbury area, including hairdressers and clinics, etc.



Employment Training and Skills

Your input to keep the Bulletin fresh and useful will be very much appreciated, so if there is some information you would like to see or access, contact the Leigh Park Community Centre's Manager, Debbie Cole and/or fill out the Expression of Interest form.

A number of development opportunities are in the works currently, including, training for prospective youth workers, older people's skills work and sharing, culinary training, youth support programme, older people's support programme, educational enhancement, practical and allied skills work to boost better employment opportunities, starting your own business(entrepreneurism) and sports coaching training and qualifications, etc.

We are working with Kiwi Education to set up **learning/education** opportunities in the Westbury area for all age groups, in a wide variety of fields. This very professional organisation will be setting up workshops in the Westbury area offering you free advice, training and support for your employment choices and prospects. This is a very impressive organisation who we feel will be a real boon for the Westbury area, and a positive addition to its overall community support programme. <https://kiwieducation.co.uk/>

Produced by Leigh Park Community Centre, with Sustainable Communities, Community Development Consultancy.

Take a look at their website and see if there is something you can benefit from regarding careers, apprenticeships, and learning, with qualifications, etc.

Apprenticeships and Traineeships.

Apprenticeship and Traineeships opportunities are expanding rapidly in the UK consequently there are very few trades and professions where one cannot access one, regardless of one's age.



Hands on Apprenticeships and Traineeships workshops

Several Apprenticeships Skills Workshops got off the ground just a short time ago thanks to grants. It appears those who attended got a clearer picture of what apprenticeships and traineeships are and what is required to access them, and the practical and allied skills required. Workshops are run by qualified and experienced local and regional professionals in their field, so there is always an opportunity in the break period to ply them with relevant questions. Eleven monthly 'hands on' workshops and 'allied skills' workshops, each different in content will take place in 2023/24, with more to be added as grants come along.

Sports development and qualifications.

A number of opportunities to become a coach or leader in sports is available, some done at community centres and village halls others at sports and leisure centres.



Fencing

The Leigh Park Community Centre is in the process of developing as many sports coaching opportunities as can be accommodated in the Centre to include martial arts, table tennis, soft handball, gymnastics and sports dance, flat badminton and fencing etc.

Handball



An Olympic sport of course which has been around for centuries requiring great skill, discipline, and concentration, as well as being a marvellous form of exercise.

We will be talking with such clubs as the Wessex Blades Fencing Club in Warminster to set up workshops if there is a demand. Those who might wish to become an instructor will be able to talk with providers.

Communiters

The heart and soul of all communities is a strong volunteer force, so to that end a 'Communiters' Group is being formed. Volunteers will help to expand opportunities for all age groups and abilities and carry out tasks such as assisting with activities and training, or in-house fund raising, to enhance the development programme and projects in myriad ways. There is no reason that there should not be a social side to this group, to be organised by themselves. Time, skills, experience, and experiences are highly valued and needed.



'All for one, one for all'

Environmental, exercise, gardening, and other outdoor events

It has long been envisioned to develop the outdoor space attached to the Centre, so it is being worked on. The object will be to create useful activities that will develop a plethora of skills and leadership opportunities for all age groups. The space may include the development of environmental studies and work, an exercise peri trail, gardening, and growing crops for sale at an onsite shop and work shed, for all age groups and abilities. In addition, a learning play park for various age groups is being considered.



Also, the theme may be taken one step further by running some development activities at other nearby locations, such as forests, workshops, and open space areas. These may include woodcraft such as wattling, rustic furniture, outdoor camping, cooking, outdoor art, nature studies and photography, etc.

If you have an interest in heading up this work or just joining the group or have some ideas, send in the 'Expression of Interest' form. Training and qualifications in a number of the facets of this programme can be sought and accessed.

Hiring in outside resources is a costly and sometimes difficult ask, so it is envisioned to qualify as many residents, who wish to, to run development activities and casual activities. To this end Leigh Park Community Centre has and is tapped into numerous providers for training and qualification purpose.

Local Youth Workers - Development Opportunities



LPCC working with youth providers and advisors feel it is best to train local residents to take the reins of youth provision in Westbury, there being a vested interest. To this end it is working with two very professional agencies to bring this reality about. The agencies in question are No Limits Trading and Adcumulo, both well known for their expertise, experience, and professionalism.

The first 3 sessions to be run by Adcumulo will be as follows.

What is youth work?

- Aim: Develop a basic knowledge of youth work as a way of working with young people.
- Learning Outcomes – the session will focus on increasing participant's ability to:
 - Identify the purpose and value of youth work.
 - Describe the role of the youth worker including their range of skills, knowledge, and attributes.
 - Differentiate youth work from other ways of working with young people.

Doing youth work

- Aim: Develop basic knowledge of how youth workers carry out their role with groups of young people
- Learning Outcomes – the session will focus on increasing participant's ability to:
 - Identify the role of the youth worker in supporting and facilitating activities for young people.
 - Deliver youth work to achieve pre-planned outcomes.



Personal development



- Work within the boundaries of the youth work role.

Young people's development

- Aim: Develop basic knowledge of development from childhood to adolescence

Discussion and debate

- Learning Outcomes – the session will focus on increasing participant's ability to:
 - Recognise the different stages, experiences, changes, and challenges young people face.
- Understand how young people's life experience can be impacted by their physical and psychological development.
- Identify the importance of considering the needs of individuals when working with groups.

Definition of Youth work

There is often some confusion and misunderstanding as to what youth work is, so here follows a definition by the 'National Youth Agency'.

Purpose of youth work

Youth work is a distinct educational process adapted across a variety of settings to support a young person's personal, social, and educational development.

Theatre/Drama



- To explore their values, beliefs, ideas, and issues
- To enable them to develop their voice, influence, and place in society.
- To acquire a set of practical or technical skills and competencies, to realise their full potential.

Sports Leadership

The principles of youth work are supported by reflective practice and peer education, establishing, and maintaining relationships with young people and community groups.

- Knowledge of how young people develop during adolescence and appropriate support.
- Trusted relationships and voluntary engagement of young people
- Understanding how to establish boundaries, challenging behaviour and de-escalate conflict.
- The importance of safeguarding in providing a safe environment for young people

When is it youth work?

When is a game of football youth work?

If the person running the football match is doing it because they have a passion for football and wants to improve the football skills of the young players, creating a winning team and climbing the local league, then they are a football coach.



Apprenticeships

If football is the means rather than the end and the primary focus is the social and emotional development of the young person, then it is much more likely to be youth work.

Working as part of a team, taking on leadership roles, taking personal responsibility for their actions, understanding consequences, even thinking about gender roles and diversity issues are all elements the youth worker can explore with the young people through the medium of football. If the young people were interested in dance, cookery or environmental issues, the worker could equally well use these as the hook too.



Youth work values

Youth work is underpinned by a clear set of values. These include:

- Young people choosing to take part.
- Utilising young people’s view of the world.
- Treating young people with respect.

Environmental activity

- Seeking to develop young people’s skills and attitudes rather than remedy ‘problem behaviours.
- Helping young people develop stronger relationships and collective identities.
- Respecting and valuing differences.
- Promoting the voice of young people.

<https://www.nya.org.uk/career-in-youth-work/what-is-youth-work/#:~:text=Youth%20work%20is%20a%20distinct,personal%2C%20social%20and%20educational%20development>

In order to ensure that this project meets the needs of as many residents who wish to partake of opportunities as possible, we need to know what you would like to access and achieve, therefore it would be most helpful if you would fill out the EOI form below. If a workshop can be put on or accessed, we will send you an official registration form.

Expression of Interest Form (EIO)

Name: _____ Age _____

I am interested in: _____

Parents/Adult’s Signature: _____ Parent’s/Adult’s Email: _____

*** (Parent’s signature required if EIO is for a person 15 years or younger)

*** A typed signature will suffice as this is not an official registration form.

Return to the Leigh Park Community Centre, or email to: dcole@lpccwestbury.org.uk



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- The Lounge Coffee Shop
- Business Networking

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